



Reception Daily Prayers



The Sign of the Cross

In the name of the Father,
and of the Son, and of the Holy Spirit.
Amen.

Alternative sign of the cross

From my head to my heart,
from my shoulder to my shoulder.
I belong to you God my Father.

Morning Prayer

Father in heaven, you love me,
You're with me night and day.
I want to love you always
In all I do and say.
I'll try to please you, Father.
Bless me through the day.
Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God,
Pray for us sinners,
now and at the hour of our death.
Amen.

Prayer before Meals

Bless us, O God, as we sit together,
Bless the food we eat today,
Bless the hands that make the food.
Bless us, O God.
Amen.

Prayer after Meals

Thank you God,
for the food we have eaten.
Thank you God,
for all our friends.
Thank you God, for everything.
Thank you God.
Amen.

Evening Prayers

Alternative Sign of the Cross

From my head to my heart, from my shoulder to my shoulder. I belong to you God
my Father.

God our Father, I come to say Thank you for your love today.

Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning send your light.
Amen.

St Ignatius Pray for us.

Amen.

Sign of the Cross