



## Year 3 Daily Prayers



### The Sign of the Cross

In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen

### Morning Prayer

Father in heaven, you love me,  
You're with me night and day.  
I want to love you always  
In all I do and say.  
I'll try to please you, Father.  
Bless me through the day.  
Amen.

### The Lords Prayer

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

### Conclude with either:

Glory be to the Father, And to the Son,  
And to the Holy Spirit, As it was in the beginning,  
Is now and ever shall be, World without end. Amen

### Or

Holy Spirit, I want to do what is right, help me.  
Holy Spirit, I want to live like Jesus, guide me.  
Holy Spirit, I want to pray like Jesus, teach me.  
Amen

### Prayer before Meals

Bless us, O God, as we sit together, Bless the food we eat today,  
Bless the hands that make the food. Bless us, O God. Amen.

### Prayer after Meals

We give you thanks Almighty God, For all your benefits, who lives and  
reigns, World without end. Amen

### Evening Prayers

#### Alternative sign of the cross

God in my mind, God in my heart, from this shoulder to this shoulder, I belong to  
God. Amen

### Hail Mary

Hail Mary, full of grace, The Lord is with thee. Blessed art thou among  
women, And blessed is the fruit of thy womb, Jesus. Holy Mary, mother of  
God, Pray for us sinners, now and at the hour of our death. Amen.

God our Father, I come to say Thank you for your love today.  
Thank you for my family, And all the friends you give to me.  
Guard me in the dark of night, And in the morning send your light.  
Amen.

### Conclude with either:

Angel of God, my guardian dear, to whom God's love  
commits me here, ever this day be at my side, to light and guard, to rule  
and guide. Amen. The Lord be with you. And  
also with you

Or

O my God, because you are so good I love you with all my heart, And  
for your sake, I love my neighbour, as myself. Amen

Or

O my God because you are so good, I am very sorry that I have sinned  
against you, And with the help of your grace,  
Pray for us.

# The Rosary

## How to Pray the Rosary

The Rosary is a Catholic prayer based upon the Bible that focuses on the events in the life of Jesus and that of Mary the Mother of Jesus. Saint John Ogilvie threw his rosary beads into the crowd before he was martyred.

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

### The Sign of the Cross and the Apostles' Creed

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.  
I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.  
Amen.

### Glory Be

### Hail Mary (ten times)

### Our Father

The Our Father is said at the start of each decade and each decade is finished with the Glory Be.

### Hail Mary (three times)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## Rosary prayers

### Glory Be

Glory be to the Father, And to the Son,  
And to the Holy Spirit, As it was in the beginning,  
Is now and ever shall be, World without end, Amen

#### Our Father

Our Father, who art in  
heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth as it is  
in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into  
temptation, but deliver us from evil.  
Amen.

#### Hail Mary

Hail Mary, full of grace,  
The Lord is with thee.  
Blessed art thou among women,  
And blessed is the fruit of thy  
womb, Jesus.  
Holy Mary, mother of God,  
Pray for us sinners, now and at the  
hour of our death.  
Amen.

### Apostles Creed

I believe in God, the Father Almighty, Creator  
of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit, born of the Virgin  
Mary, suffered under Pontius Pilate, was crucified, died and  
was buried; He descended into hell; on the third day He  
rose again from the dead;  
He ascended into heaven, and is seated at the right hand  
of God the Father Almighty; from there He will come to  
judge the living and the dead.  
I believe in the Holy Spirit, the Holy Catholic Church, the  
communion of Saints, the forgiveness of sins, the resurrec-  
tion of the body,  
and life everlasting.  
Amen