



Year 4 Daily Prayers



The Sign of the Cross

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

Morning Prayer

Father in heaven, you love me,
You're with me night and day.
I want to love you always
In all I do and say.
I'll try to please you, Father.
Bless me through the day.
Amen.

The Lords Prayer

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done on earth as it is in heaven. Give us
this day our daily bread;
and forgive us our trespasses, as we forgive those who trespass against
us; and lead us not into temptation,
but deliver us from evil. Amen.

Prayer before Meals

Bless us, O God, and these your gifts, Which we are about to receive,
From your bounty, Through Christ our Lord. Amen

Prayer after Meals

We give you thanks Almighty God, For all your benefits, who lives and
reigns. World without end. Amen

Evening Prayers

Alternative sign of the cross

God in my mind, God in my heart, from this shoulder to this shoulder, I belong to
God. Amen

Hail Mary

Hail Mary, full of grace, The Lord is with thee. Blessed art thou among
women, And blessed is the fruit of thy womb, Jesus.

Holy Mary, mother of God, Pray for us sinners, now and at the hour of
our death. Amen.

God our Father, I come to say, Thank you for your love today.
Thank you for my family, And all the friends you give to me.
Guard me in the dark of night, And in the morning send your light.
Amen.

Conclude with either:

Angel of God, my guardian dear, to whom God's love commits me here,
ever this day be at my side, to light and guard, to rule and guide.
Amen.

Or

O my God, because you are so good I love you with all my heart, And
for your sake, I love my neighbour, as myself. Amen

Or

O my God because you are so good, I am sorry that I have sinned
against you, And with the help of your grace, I will try not to sin again.
Amen

The Rosary

How to Pray the Rosary

The Rosary is a Catholic prayer based upon the Bible that focuses on the events in the life of Jesus and that of Mary the Mother of Jesus. Saint John Ogilvie threw his rosary beads into the crowd before he was martyred.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Sign of the Cross and the Apostles' Creed

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.



Glory Be

Hail Mary (ten times)

Our Father

The Our Father is said at the start of each decade and each decade is finished with the Glory Be.

Hail Mary (three times)

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Rosary prayers

Glory Be

Glory be to the Father, And to the Son, And to the Holy Spirit,
As it was in the beginning, Is now and ever shall be,
World without end. Amen

Our Father

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is
in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy
womb, Jesus.
Holy Mary, mother of God,
Pray for us sinners, now and at
the hour of our death.
Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was buried;
He descended into hell; on the third day He rose again from the dead;
He ascended into heaven, and is seated at the right hand of God the
Father Almighty; from there He will come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church, the communion of
Saints, the forgiveness of sins, the resurrection of the body,
and life everlasting. Amen

Prayer of St Ignatius

Dearest Lord,
teach me to be generous;
teach me to serve You as You deserve;
to give and not to count the cost,
to fight and not to heed the wounds,
to toil and not to seek for rest,
to labour and not to ask for reward.

Amen