



ST IGNATIUS NEWSLETTER

02.10.2026



'Achieving our best by learning together and serving one another with Christ by our side'



Dear Parents and Carers,

We have had an incredibly busy week and one in which I have felt very proud. I feel proud of the Prayer Garden that the St Ignatius family now has. I cannot thank enough the parents who have fundraised for this, but also given their time and skills to build the entire area. This is something that we will have for years to come.

Rosary

As we started the Rosary on Thursday I looked around and felt such joy to see so many people joining us. It is in difficult times in our lives that prayer can bring comfort and to introduce this to the children is very powerful. Thank you for supporting this. A reminder that it is 10 minutes daily at 3.15pm, please meet at the KS1 gate.

Maths Enrichment

This week, some Year 6 pupils who are particularly gifted at maths were invited to another local school to play games, quizzes and learn some quick tricks with maths. **Mr Newman** led the group of pupils and said that their behaviour was exceptional. Well done to those children.

DATES FOR YOUR DIARY

MONDAY 5TH OCTOBER

TUESDAY 6TH OCTOBER

Mission Together Mass @ 11am
Bookings open for Parents Evening @ 6pm

WEDNESDAY 7TH OCTOBER

THURSDAY 8TH OCTOBER

PTA Autumn Disco

FRIDAY 9TH OCTOBER

Year 6 Harvest Festival Assembly @ 9am
Year 5 Swimming
Year 4 Mass

Homework

I would like to thank you for your support of the changes regarding homework and the trust that you place in the decisions that not only I make but an extremely dedicated team of staff. I'm always happy to listen when you have better ideas than me. Therefore, you will see that the parent evening booking system is opening later than we had originally suggested so that parents who are working can access at the same time as everybody else.

Celebration Assembly

We have ended the week with our usual celebration assemblies and I am over the moon at the amount of children that have read every evening again this week. Every Year 5 pupil was presented with a dictionary from a local charity today. We are very thankful for them.

Thank you for ensuring your child is in school every day.

Thank you for ensuring your child is in school for 8.30am.

Thank you for supporting your child to read every evening.

Have a super weekend,

God bless,

Ms Murphy - Headteacher

Attendance

Thank you so much for supporting the school, to support your child. For the smart uniforms, being on time every day and 100% attendance. It really is appreciated and I cannot stress enough the difference it makes to your child.

This week's **highest attendance** was **3V with 100%**.

The whole school attendance percentage this week was **94.7%**. Our school target is 98%.

A huge thank you to all parents for a real push on attendance this week and for ensuring your child is in school for as close to 8.30 am as possible.

Ms Murphy - Headteacher

After School Clubs

Please be advised that all after school clubs are now full for the remainder of the term.

Communication regarding the spring term clubs will be released in December.

Miss McCormack - School Office

Surrey Arts - October Half Term

We are writing to confirm Surrey Arts teaching arrangements for the 2026/27 academic year following Surrey County Council's (SCC) introduction of a two week October half term.

The SCC October half term will run from **19 to 30 October 2026**. As Surrey Arts aligns its teaching calendar with the SCC academic year, we will follow these dates.

While SCC recommends these dates to all Surrey schools, academies, foundation, voluntary aided and free schools are able to set their own term dates.

As a result, Surrey Arts teachers will not be scheduled to deliver lessons during either week of the October half term, even where a school has chosen to remain open during part of that period.

We hope this information will support planning and avoid any confusion where a school's term dates differ from those adopted by Surrey County Council.

A copy of the Surrey Arts 2026/27 Teaching Calendar is attached for reference.

If you have any questions about these arrangements, please contact the Surrey Arts Music Administration team.

A copy of the [Surrey Arts 2026/27 Teaching Calendar](#) is attached for reference.

Claire Craig - Music Administration Lead

Headteacher Awards

Each week our pupils are recognised for following our school values. This week's value was **Honest Hannah**. During our Celebration Assembly today the following children were awarded a Headteacher Award:

Reception:

- Hedgehogs - Iggy Y
- Badgers - Freya E

Year 3:

- 3V - Alicja M
- 3CF - Tariq J

Year 5:

- 5W - Bailey S
- 5G - Freya P

Year 1:

- 1D - Remy W-R
- 1G - Alana H

Year 4:

- 4P - Kiara V
- 4AP - Ella A

Year 6:

- 6N - Hugo B
- 6S - Max S

Year 2:

- 2C - Harry H
- 2D - Mia T

I am so very proud of each and every one of you!

Ms Murphy - Headteacher

Opal Play

The following children have been awarded an OPAL Play certificate during our Friday Celebration Assembly:

Golden Broom Award:

- KS1 - Markel B
- KS2 - Bailey S

Golden Welly Award:

- KS1 - Kai D-P
- KS2 - Alicja MJ

Miss Frew - Year 3 Class Teacher and Outdoor Learning



PE Notices

Year 5 Boys B Team Football Tournament

- **Tuesday 13th October** @ Egham Leisure Centre - 1pm to 4pm (letter sent out last week)



Years 5 & 6 Girls Football



A huge well done to the girls who played in their football tournament last week. For many of the girls this was their first experience of competitive football. **Mr Clements** and **Miss Gleave** commented on the great determination and perseverance that all of the girls displayed. They felt you represented St Ignatius with that best possible sporting attitude and all tried your best. Well done girls!

I will share details of the first league fixture once it has been confirmed.

Years 5 & 6 Girls Netball

I am going to move netball training to a Friday. If you tried out for the netball team, please meet me at 12 noon on the netball court on Friday.

Don't forget to bring your trainers!



Years 5 & 6 Boys and Girls Hockey

Thank you to all of the children who came to the hockey trials with **Miss Gleave** last week. She has chosen 2 teams and the children know if they are in a team. Miss Gleave will train the team every Friday at 12 noon.



Please make sure you have your trainers and gum shield in school with you. If you are in both the hockey and netball teams, please let me know and we'll work out a plan!

Tournament date:

- Tuesday 17th November - Ashford Hockey Club (1.00-4.00pm) - I will send letters closer to the time.

Please note that for now we will be asking parents to transport your child to any competition or league match that they are selected for as we don't currently have a mini bus driver.

Miss Grady - PE Lead

Wake Up Wednesdays

Looksmaxxing encourages people – particularly young men – to 'improve their appearance' through everything from grooming, skincare and exercise to far more questionable techniques. As this trend becomes increasingly visible on social media, our #WakeUpWednesday guide explores how appearance-focused content can affect boys' confidence, self-worth and body image, while exposing them to misleading or potentially dangerous advice.

The guide also examines how looksmaxxing content can become increasingly extreme, with links to obsessive behaviours, mental health difficulties and harmful online communities. It offers practical advice for parents and educators on spotting changes in behaviour, recognising looksmaxxing terminology, understanding what young people may be seeing online and opening supportive conversations about appearance, influencers and unrealistic expectations.

Miss Partington - Year 4 Class Teacher

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about LOOKSMAXXING

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

WHAT ARE THE RISKS?

- TARGETING MALE INSECURITIES**
Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'topical' and sometimes brutal, veiled or attractiveness, while influencers may make appearance seem self-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.
- DUBIOUS ADVICE**
Some advice moves into dubious territory. One example is 'tweaking', a tongue exercise claimed to create a more masculine jawline. The American Association of Otolaryngologists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth grinding problems, sinus issues, and speech difficulties.
- EXTREME REMEDIES**
Some DIY remedies are even more extreme and potentially dangerous. While fears of "bone-melting" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Unfettered use of micro-needling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.
- BODY IMAGE ISSUES**
This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to fix their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with distorted eating, over-exercising, or other obsessive behaviours that interfere with everyday life.
- MENTAL HEALTH PROBLEMS**
As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause social fears both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.
- A PATHWAY TO EXTREMES**
Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

- WATCH FOR CHANGES**
Keep an eye out for concerning behavioural changes in children and young people. This includes an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.
- LISTEN FOR THE LINGO**
Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "tweaking", mentioned above, you might hear terms such as "cheek" (an attractive mole), "bar" (a misogynistic term for a woman), and "hogging" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "gasmoxxing" (using humour to attract women) and "bone-melting" (extreme dieting).
- CHECK THE SOCIAL MEDIA**
Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and discuss available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.
- TALK TO YOUR CHILDREN**
Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators thrive from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert
Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.

#WakeUpWednesday
The National College

See full reference list on our website

[@wake_up_weds](https://x.com/wake_up_weds) www.thenationalcollege.com www.facebook.com/wakeup.wednesday www.instagram.com/wakeup.wednesday [@wakeup.weds](https://www.tiktok.com/@wakeup.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.09.2023

MENU WEEK 2

SERVED W/C: 14th September, 5th October

Cucina IFG

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Veggies

Pasta

Filled Rolls

Sweet Treats

Margherita pizza
& oven baked wedges

Pea-powered vegetable pie
& new potatoes

Cheesy cauliflower
pasta bake

Lentil & sweet potato dahl
with vegetable rice

Vegetable sausages, chips
& tomato ketchup

Tomato, spinach
& salmon pasta

Chicken & vegetable pie
with new potatoes

Roast turkey breast,
roast potatoes & gravy

Lemon & herb chicken
with chickpeas &
vegetable rice

Fish & chips
with tomato ketchup

Broccoli

Peas

Carrots & cauliflower

Selection from the salad bar

Peas

Penne pasta
with a creamy cheese sauce

Penne pasta
with house tomato sauce

Creamy pesto penne pasta

Penne pasta
with a creamy cheese sauce

Penne pasta
with house tomato sauce

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Watermelon wedge

Oaty apple crumble
& custard

Chocolate mousse

Carrot cake
with orange glaze

Raspberry jelly
& mandarins

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain

Vegetarian

Nutritionist's Choice

Vegan

Key Term Dates

Date	Event
Tuesday 6 th October	Mission Together Mass @ 11am (<i>invitation only</i>)
Thursday 8 th October	PTA Autumn Disco
Friday 9 th October	Year 5 Swimming
Friday 9 th October	Year 4 Mass
Friday 9 th October	Year 6 Harvest Festival Assembly (<i>parents invited</i>)
Monday 12 th October	Year 6 PGL Trip (<i>all week</i>)
Thursday 15 th October	PTA AGM @ 7pm (<i>parents invited</i>)
Friday 16 th October	Year 5 Swimming
Friday 16 th October	Celebration Assembly with Book Awards @ 9.15am (<i>invitation only</i>)
Monday 19 th October	Open Morning for Prospective Parents @ 9.30am
Monday 19 th October	School Photographs for absent pupils
Tuesday 20 th October	EYFS Welcome Assembly @ 9.15am (<i>parents invited</i>)
Tuesday 20 th October	Parents' Evening @ 3.30pm - 7pm
Wednesday 21 st October	Parents' Evening @ 3.30pm - 6pm
Thursday 22 nd October	Half Term & PSD Funweeks

External Notices

Please be advised that whilst we share external advertisements, St Ignatius does not personally endorse/recommend any of these companies.



FUNWEEKS

OCTOBER HALF TERM

ACTIVE CAMP



BE QUICK!
EARLY BOOKING DISCOUNT
ENDS ON 14/10/26



 **ST IGNATIUS PRIMARY
SCHOOL**

 **THURSDAY 22ND OCTOBER -
FRIDAY 30TH OCTOBER**

 **FOR CHILDREN IN YEARS 1 - 7**

 **10% SIBLING DISCOUNT**

 **9AM - 3PM**

 **INFO@THEPSDGROUP.ORG.UK**

 **0203 397 7409**

  **THEPSDGROUPUK**



SCAN TO BOOK

SPORTS



ARTS & CRAFTS

PRIZES

HALLOWEEN DISCO

EARLY BIRD PRICING:

**BOOK BEFORE
MIDDAY ON
14TH OCT
£25.00**

**BOOK AFTER
MIDDAY ON
14TH OCT
£27.00**

BOOK ONLINE:

WWW.THEPSDGROUP.ORG.UK/PSD-FUNWEEKS

DANCESTARS



Enrolling Now in Sunbury

- FREE Trial Classes
- Classes from £11.50
- **Spelthorne Gym Club**
- ISTD & RAD Qualified
- 100% Pass Rate for Exams
- From Ages 2.5 yrs+



www.dance-stars.com



officemanager@dance-stars.com



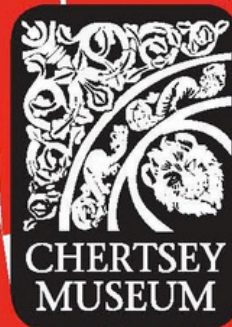
[dancestars79](https://www.instagram.com/dancestars79)



ROYAL ACADEMY OF
DANCE



October Holiday Activities



Bat Attack!

Tuesday 27th Oct

11am-12pm or 2-3pm

Ages 5-12, £4.00

Get ready for Halloween by making this 3-D flappy bat to hang up!

Frankenstein Heads

Thursday 29th Oct

11am-12pm or 2-3pm

Ages 5-12, £4.00

Turn a small box into a monster Frankenstein head to decorate your house!

BOOKING IS ESSENTIAL

<https://www.zeffy.com/en-GB/organizations/friends-of-chertsey-museum>

Or phone: 01932 565 764

All 5 year olds must be accompanied.

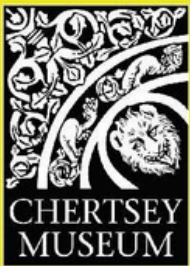
www.chertseymuseum.org/events

Call 01932 565764 to book your place

The Olive Matthews
COLLECTION

Runnymede
BOROUGH COUNCIL





For All
The
Family

1st Saturday
of the month
1.30pm-3.30pm

Museum Makes

Join us for a fun family craft activity where imagination
meets history in a hands-on experience for all ages!

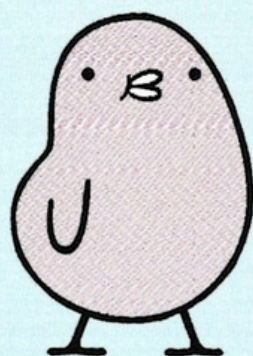
FREE
DROP IN
SESSION



Chertsey Museum, 33 Windsor Street, Chertsey KT16 8AT
chertseymuseum.org

Runnymede
BOROUGH COUNCIL

Please help...



Baby basics Sunbury

We accept referrals from a range of agencies, including Health and Social Services staff. In order to refer a client to us, please contact us on the email below. We will reply within 3 working days.

YOU CAN US HELP BY

- Praying for the project and team
- Telling your friends about Baby Basics
- Knitting blankets, cardigans and other lovely things for newborns
- Contributing financially
- Donating needed items

CONTACT US

-  babybasicssunbury@gmail.com
-  www.baby-basics.org.uk
www.e-voice.org.uk/sunbury-methodist-church/baby-basics
-  Sunbury Methodist Church
Staines Road East
Sunbury-on-Thames
TW16 5AD



FOLLOW US ON

-  Baby Basics Sunbury

Baby Basics is a part of the community activities from Sunbury Methodist Church

We reserve the right to pass on any items we cannot use to other organisations and charities

We need items for our STARTER PACKS

- Moses Baskets
- First-size Nappies
- Baby Wipes
- Maternity Pads
- Baby Shampoo,
Wash & Lotion
- Adult Shampoo &
Shower Gel
- Toothbrush & Paste
- Towels
- Blankets
- Newborn Clothing

“

For there will never cease to be poor in the land. Therefore I command you, 'You shall open wide your hand to your brother, to the needy and to the poor, in your land'

Deuteronomy 15:11

”

Safeguarding

Governors and staff of St Ignatius share an objective to help keep children safe by:

- Providing a safe environment for them to learn
- Identifying children who are suffering or likely to suffer significant harm, and taking appropriate action.

Please read through the safeguarding guidance documents on this page, which include those designed for children. Please contact the Designated Safeguarding Leads below should you have any concerns about the safety or welfare of a child.

You can do this by calling the school directly, or emailing: dsl@st-ignatius.surrey.sch.uk

You can also find out more about how we teach safety to children on our [Safety Curriculum](#) page, in the Curriculum section of the website.

DESIGNATED SAFEGUARDING LEAD (DSL):

Mrs E O'Neill - Deputy Headteacher

DEPUTY DSL:

Ms H Murphy - Headteacher

Miss T Frew - Assistant Headteacher

Mrs I Barkworth - SENDCo

Mrs L Whittington - KS2 Lead

Miss Z Palmer - KS1 Lead

Any concerns can be discussed with a DSL. If you have any concerns that involve the Headteacher, please contact the **Ascension Catholic Academy Trust** via email at admin@ascensioncat.org or by telephone on 0208 325 4630. The LGB details are being updated.

You can read our **Child Protection and Safeguarding Policy** [here](#).

Contact Us

St Ignatius Catholic Primary School
Green Street, Sunbury-on-Thames, TW16 6QG

Telephone: 01932 785396

Email: admin@st-ignatius.surrey.sch.uk

Website: www.st-ignatius.surrey.sch.uk

Follow us on social media



[@stignatiussun](https://www.instagram.com/stignatiussun)