



'Achieving our best by learning together and serving one another with Christ by our side'



Celebration Afternoon

Dear Parents / Carers,

We started this week hearing about Mother Teresa and how we are called to serve the poor. We explored that the word 'poor' may mean poor of heart and we were asked to go out and help those in need.

Around school, we have been focusing on high-quality interactions between adults and children. It has been wonderful to have fun conversations with children and in full sentences. Children, please keep this up.

It's been a rainy week, but the children have coped very well and as we approach the end of January now I hope that this brings some sunshine!

Year 5 & 6 girls gave it their all on Monday in a football match and their perseverance made me very proud.

I hope that you enjoyed your time in School this afternoon celebrating the achievements of your child and having that time to talk. It really is lovely to welcome parents into the school to see the variety of learning that takes place on a daily basis.

DATES FOR YOUR DIARY

MONDAY 2ND FEBRUARY

Years 5 & 6 Boys Football vs Ashford

TUESDAY 3RD FEBRUARY

Racial Justice Sunday - wear something RED
Years 1 & 2 Multi Skills Festival (ACAT)

WEDNESDAY 4TH FEBRUARY

SEND Coffee Morning in Hall @ 9am

THURSDAY 5TH FEBRUARY

FRIDAY 6TH FEBRUARY

I have the pleasure of teaching Year 6 on a Tuesday afternoon and it is one of my favourite parts of the week.

Wishing you all a lovely weekend,

God bless,

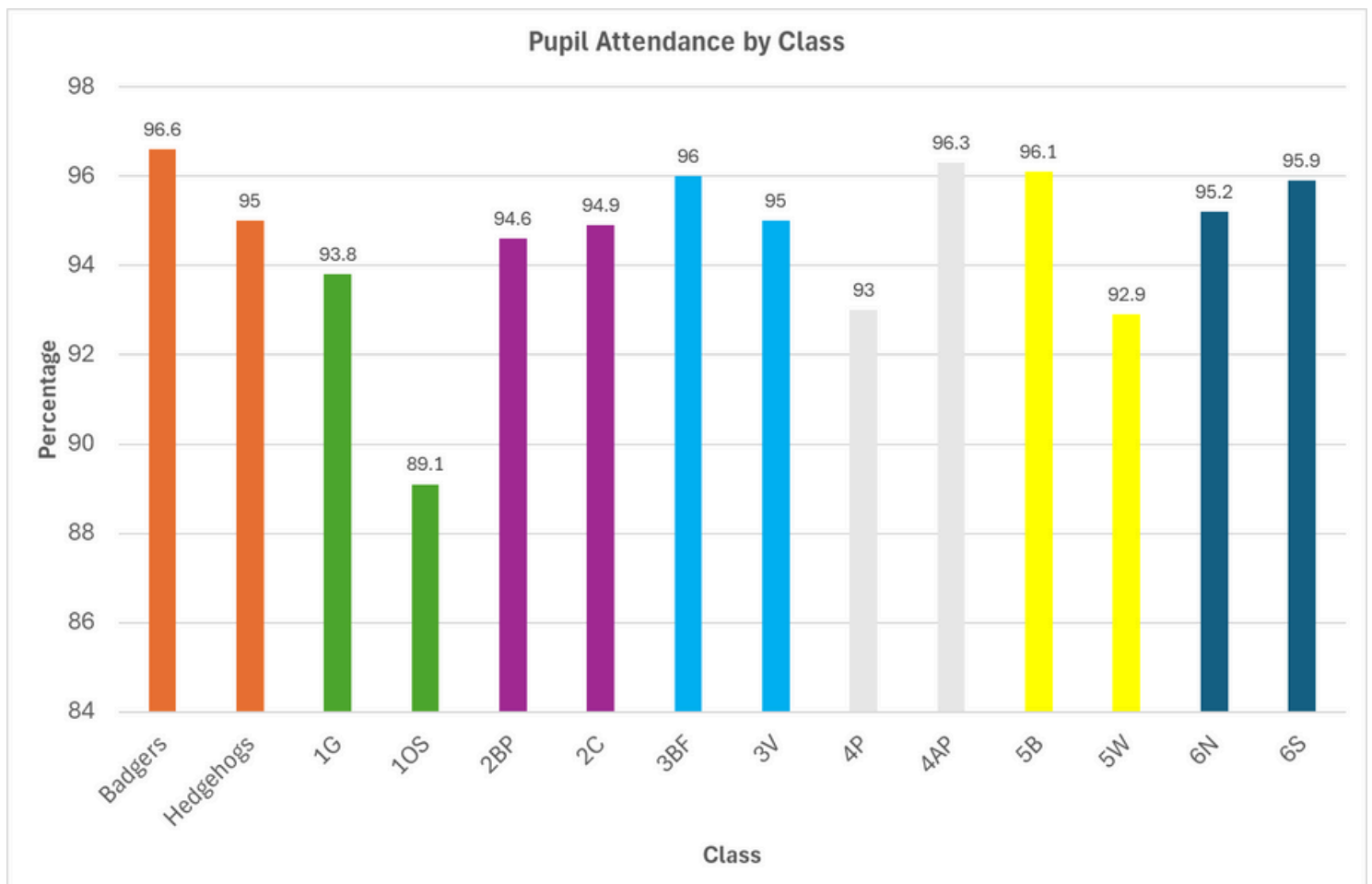
Ms Murphy - Headteacher

“It is very important that children learn from their parents how to love, to pray, to work. The home is where the future of humanity is shaped.”
- Mother Teresa

Pupil Attendance

Please find below pupil attendance figures by class and year group for **January 2026**.

Ms Murphy - Headteacher



EYFS & KS1	%
Badgers	96.6
Hedgehogs	95
1G	93.8
1OS	89.1
2C	94.9
2BP	94.6

KS2	%
3V	95
3BF	96
4P	93
4AP	96.3
5W	92.9
5B	96.1
6N	95.2
6S	95.9

Year Group	%
EYFS	95.8
Year 1	91.5
Year 2	94.7
Year 3	95.5
Year 4	94.6
Year 5	94.5
Year 6	95.5

Safeguarding Notice

Following our whole-school assemblies from the NSPCC in the last couple of weeks, the NSPCC came to school yesterday to deliver safeguarding workshops for Years 2, 5 and 6.

The workshops delivered age-appropriate safeguarding information for all children, with the message that their voices matter to all of us and will be heard. The children joined in well and were able to show how confident they are in knowing how to keep themselves safe and knowing how the adults around them are responsible for looking after their safeguarding and well being.

Do take the time to speak to your children about their experience of the workshops - and their understanding of how we are all here to keep them safe and happy.

Mrs O'Neill - Deputy Head



Workshops and Trips

Please see below a summary of the workshops and educational trips scheduled so far this year, along with their corresponding payment deadlines.

We kindly ask that all payments are made by the stated deadlines to ensure that each event can go ahead as planned.

Workshops and Trips

- **PGL Residential Trip**
 - Year Group: Current Year 5
 - Please refer to the previous letter for the full payment schedule.
 - Deposit Deadline: 30th January 2026
- **Rose Theatre Trip**
 - Year Group: Year 5
 - Date: 9 February 2026
 - Payment Deadline: 2nd February 2026
- **Wisley Gardens Trip**
 - Year Group: Reception
 - Date: 11 March 2026
 - Payment Deadline: 20th February 2026
- **Kew Gardens Trip**
 - Year Group: Year 4
 - Date: 19th March 2026
 - Payment Date: 6th March 2026
- **Bocketts Farm Trip**
 - Year Group: Reception
 - Date: 21 April 2026
 - Payment Deadline: 27th March 2026
- **Ancient Egyptians Workshop**
 - Year Group: Year 3
 - Date: 12th May 2026
 - Payment Date: 1st May 2026

Thank you for your continued support and cooperation.

Miss McCormack - School Office

Sunbury Nursing Home Visits

As part of our Catholic Social Teaching, Year 3 are focusing on Community and Participation. Last term, pupils in 3V took it in turns (in groups of eight) to visit the nursing home, and this term it is 3BF's turn.

The first eight children from 3BF visited on Wednesday. The children loved the visit and enjoyed playing games, colouring and chatting to the residents and nurses/staff. One of the nurses said how confident the children were and how well they spoke to all the adults!

We finished with a few verses of 'Consider Yourself' from Oliver and it was lovely to see nurses, staff and residents smiling and some humming and singing along.

Miss Frew even realised she had taught the grandchildren of two of the residents (a few!) years ago, so she enjoyed catching up with the families and hearing about some of our past pupils.

Many thanks to the parent volunteers who have made these visits possible. We look forward to our next group's visit next Wednesday!

Miss Frew - Year 3 Class Teacher

Years 5 & 6 Indoor Sports Hall

Well done to all of the children who took part in the **Indoor Sports Hall Competition** on Wednesday. There was lots of great running, jumping, throwing and cheering each other on. After all of the scores were added up, the team finished in 7th place - well done and I hope you had a fun morning!

Miss Grady - Year 1 Class Teacher and PE Lead



PE Notices

Years 5 & 6 Boys A Team Football

The following fixtures have been arranged:

- Monday 2nd February (home vs Ashford Primary). Letter sent via email.
- Tuesday 10th March (away vs Riverbridge). Letter to be sent closer to the date.
- Monday 23rd March (away vs Town Farm). Letter to be sent closer to the date.

Years 5 & 6 Girls A Team Football

The girls were narrowly beaten by Meadhurst on Monday (2-1) and were unfortunate to lose 3-1 against Hawkdale last Friday. Although they lost both matches, I was very proud of how the girls played and conducted themselves on and off the pitch. Whilst it is nice to win, it is even nicer to see the girls supporting each other, picking each other up and being there for their team mates. I will share the date of the next fixture once it has been arranged.

Year 3 & 4 Hockey Tournament

This will take place on **Friday 13th March** at Ashford Hockey Club. I will do the trials for this on Monday 2nd February. We will most likely take 2 teams made up of boys and girls. If your child would like to try out for the team, please ensure they have their trainers with them on Monday and meet Miss Grady and Miss Gleave at the court at 12.15.

KS2 Cross Country

This competition will take place at London Irish on **Tuesday 17th March**. We will take a team of 8 boys and 8 girls from Years 3 & 4 and the same from Years 5 & 6. I will hold trials at 12.15pm on Tuesday 10th February on the Gaflak (field). Please ensure that your child has their trainers with them in school if they would like to take part.

Years 3 & 4 ACAT Netball Tournament

This event will take place on **Thursday 12th March**. I will hold trials on Thursday 5th February at 12.15pm. If your child would like to take part, please ensure they have their trainers with them and ask them to meet Miss Grady on the netball court at 12.15.

Years 5 & 6 Girls Netball Tournament

This competition will be on **Thursday 5th March** at Buckland Primary School. I will select the final team for this tournament from those chosen to join the netball team. Miss Colin is training the team every Friday, so please make sure you have your trainers in school. I will send letters to the children taking part in the tournament closer to the date.

Miss Grady - Year 1 Class Teacher and PE Lead

Opal Play Assembly

Miss Frew and Ms Gleave delivered an Opal Play assembly on Wednesday. The first part to an Opal Play assembly is always **'Celebrate'** and we had lots to celebrate - from our recently introduced resources for den building which the children have loved; to the painted bike track we've ordered to be painted on the playground floor for the children to use with the bikes (fingers crossed for good weather on 10th February!); to all our leaders who have been busy kindly helping in the playground to ensure children have great lunchtimes (Year 5 Play Leaders, Year 4 Wellbeing Ambassadors, Year 4 Tidy Leaders) and finally a range of different activities and resources available in the art room.



The second part of an Opal Assembly is to **'Inform'** - here we reintroduced the Play Leaders and Tidy Leaders and they spoke to the children about their roles at lunchtime. We spoke about the importance of looking after all the lovely resources and all helping to tidy up at the end of lunchtime play. The Play Leaders spoke about the different games they play with children and we reminded the children that if they ever need a friend, they can go to the play leaders who will play with them or help them to find a friend.

Miss Frew, Miss Grady and Ms Gleave - The Opal Team

Opal Play

The following children have been awarded an OPAL play certificate during our Friday Celebration Assembly.

Golden Broom Award

- KS1 - Jack D
- KS2 - Kishan K

Golden Welly Award

- KS1 - Erik P
- KS2 - Dominic P

Miss Frew - Assistant Headteacher



Headteacher Awards

This week Ms Murphy spoke to the children in assembly about the value ‘**Option for the poor**’. Today, the following pupils are recognised for following this value:

Reception:

- Hedgehogs - Laura S
- Badgers - Julian O-B

Year 1:

- 1OS - Leo N
- 1G - Yoann G

Year 2:

- 2C - Niya P
- 2BP - Viyaan P

I am so very proud of each and every one of you!

Ms Murphy - Headteacher

Year 3:

- 3V - Sophie R
- 3BF - Hugo D

Year 4:

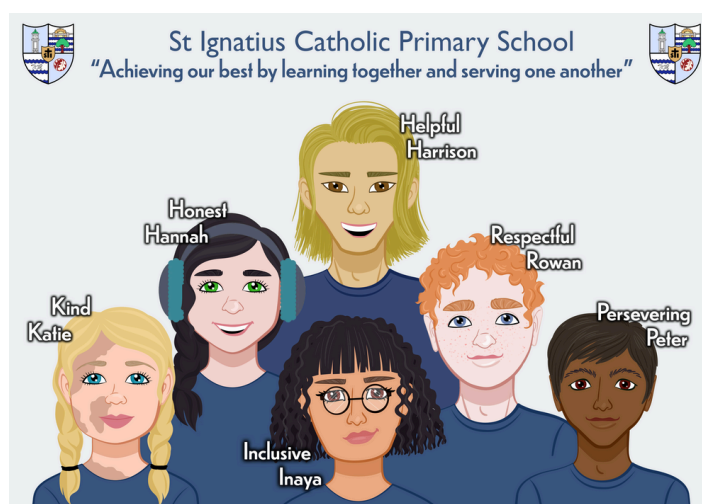
- 4P - Jeffrey J
- 4AP - Grace K

Year 5:

- 5W - Sophia W
- 5B - Hugo B

Year 6:

- 6N - Sarah S
- 6S - Emilia R



Wake Up Wednesdays

What Parents & Educators Need to Know about Mental Health Misinformation Online

Children and young people are increasingly turning to social media for mental health advice, but much of what they encounter online is unverified, oversimplified or misleading. This guide explores why platforms like TikTok and Instagram have become go-to sources, and how misuse of clinical language and viral trends can distort children and young people's understanding of mental health.

Aimed at parent and educators, it offers clear, expert-led strategies to counter misinformation. The guide looks at topics such as encouraging open conversations, identifying reliable sources, and strengthening school-home collaboration. Use this information to build young people's critical thinking, resilience and confidence in seeking appropriate professional help when needed.

Miss Partington - Year 4 Class Teacher

What Parents & Educators Need to Know about MENTAL HEALTH MISINFORMATION ONLINE

A research study by Ofcom revealed that children aged 9–15 increasingly use online platforms like TikTok for mental health advice, with 50% relying on social media for information. Unverified medical content online is concerning, with the potential to cause confusion, anxiety, or incorrect self-diagnoses. This guide provides expert strategies to help parents and educators tackle misinformation effectively and ensure safer digital experiences for young people.

WHAT ARE THE RISKS?

POPULAR ONLINE SOURCES

Platforms like TikTok and Instagram are two of the main sources of young people's mental health content. Videos and posts frequently feature unqualified influencers, contributing to misinformation, myths, and oversimplifications. While appealing to young audiences, this unverified content can distort perceptions, and create unrealistic expectations and misunderstandings about mental health conditions.

RISK OF SELF-DIAGNOSIS

Social media's misleading content encourages young people to self-diagnose complex mental health conditions inaccurately. Misdiagnosis can exacerbate anxiety, cause unnecessary worry, or delay essential professional intervention. This has the potential to escalate manageable conditions into more significant mental health issues requiring comprehensive clinical support.

LACK OF FILTERS

Social media platforms struggle to filter misinformation effectively, allowing false content to spread widely and quickly. Without proper guidance, young viewers may not discern fact from fiction, potentially internalising inaccurate beliefs about mental health. This can negatively influence their decisions about seeking professional help or managing mental wellbeing.

IMPACTFUL PAST TRENDS

Historically, online mental health misinformation has led to harmful trends, including inappropriate coping strategies or sensationalised symptoms. For example, past TikTok trends on self-harm or anxiety 'hacks' have spread damaging advice, underscoring the risk when misinformation is not promptly addressed or corrected by knowledgeable adults.

MISLEADING CLINICAL TERMS

Online trends often include the misuse of clinical terms, such as 'trauma' or 'OCD', making serious conditions seem trivial or inaccurately understood. Such misinformation can diminish empathy, and lead young people to misunderstand mental health complexities, potentially preventing them from identifying real mental health issues in themselves or others.

REPLACING PROFESSIONAL HELP

Frequent reliance on digital content can deter young people from seeking professional mental health care, substituting expert support with unverified online advice. This substitution can prolong issues, complicate recovery, and reduce the effectiveness of future professional interventions, ultimately impacting overall mental health and wellbeing negatively.

Advice for Parents & Educators

MONITOR ONLINE ENGAGEMENT

Regularly review and discuss a young person's online activity, providing appropriate guidance on discerning accurate content. Tools such as parental controls or co-viewing content can help mediate exposure to harmful misinformation, facilitating safer digital habits and informed critical thinking about mental health.

IDENTIFY RELIABLE SOURCES

Teach young people to critically evaluate mental health content by checking credentials, source authenticity, and evidence-based information. Encourage them to refer to trusted medical or educational platforms and to consult healthcare professionals for clarification. This reduces young people's reliance on potentially harmful or misleading online sources.

SCHOOL-HOME COLLABORATION

Strengthen collaboration with educators to integrate digital literacy into the school curriculum, emphasising misinformation awareness. Jointly delivered education sessions on identifying and responding to misinformation can significantly improve pupils' ability to critically assess mental health content, supporting their mental wellbeing effectively both online and offline.

ENCOURAGE OPEN DIALOGUE

Foster a non-judgemental environment where young people feel comfortable discussing online content. Regularly talking about their online experiences and perceived mental health concerns helps clarify misunderstandings, mitigates misinformation, and builds trust, thereby enhancing their resilience and digital literacy. Model situations where you have sought advice from accurate sources and not solely relied on social media for health advice.

Meet Our Expert

Anna Bateman is Director of Halcyon Education Ltd, Director for Wellbeing and Family Services at Leigh Trust, and lead expert for mental health at The National College. Anna specialises in strategic mental health solutions for schools, supporting educators and families to improve resilience, emotional literacy, and overall wellbeing for children across the UK.



The National College®

PTA Notices

WILL YOU FIND A GOLDEN TICKET?

Purchase a chocolate bar for £3 and be in for a chance to find a golden ticket! Prizes include tickets to Ninja Warrior, Bocketts Farm, Hobbledown, Kidabulous and more... *(the more we sell, the more prizes there will be).*

Sales close on **Wednesday 4th February** and the chocolate bars will be delivered to the children in class on Friday 13th February.

You can purchase your child's chocolate bar online at www.pta-events.co.uk/stignatius



MOTHER'S DAY SHOP

Our Mother's Day Shop is now bookable online at www.pta-events.co.uk/stignatius. Gifts are £4 and early booking is welcomed, so we have an idea on numbers. Sales close on Friday 27th February and the children will visit the shop on Friday 13th March.

Please note we will be unable to accommodate cash bookings for either events on the day, so if you are unable to purchase online, please email us at pta@st-ignatius.surrey.sch.uk before the 27th February.

TEXTILES BANK

We now have our own textile recycling bank located by the KS2 gate. The ones in the local area are always overflowing so we saw this as a great opportunity to reduce waste whilst raising funds for our school *(please see attached flyer for items which can be accepted).*

Thanks for your continued support.

PTA Team



Key Term Dates

SPRING TERM 1

Monday 2nd February - Years 5 & 6 Boys Football Match vs Ashford (Home)

Tuesday 3rd February - Wear something RED (in recognition of Racial Justice Sunday)

Tuesday 3rd February - Years 1 & 2 Multi Skills Festival (ACAT)

Wednesday 4th February - SEND Coffee Morning (**parents invited**)

Monday 9th February - Children's Mental Health Week

Monday 9th February - Year 5 trip to Rose Theatre

Tuesday 10th February - Year 5 Tudor Workshops (in class)

Wednesday 11th February - SCARF Workshops (PSHE)

Thursday 12th February - SCARF Workshops (PSHE)

Friday 13th February - Wellbeing Exhibition

Friday 13th February - Year 3 Mass

Friday 13th February - Wellbeing Exhibition

Friday 13th February - PTA delivery of chocolate bars

Friday 13th February - End of Half Term

SPRING TERM 2

Monday 23rd February - INSET Day

Tuesday 24th February - Spring Term 2 starts

Tuesday 24th February - Book Week

Wednesday 25th February - 'Stay Put' Procedure

Thursday 26th February - Lent National Assembly

Friday 27th February - Year 2 Mass

Friday 27th February - KS1 Grandparents Afternoon

**JOIN OUR
HERO SQUAD
THIS HALF TERM!**



FUNWEEKS

FEBRUARY HALF TERM ACTIVE CAMP

BOOK ONLINE:
WWW.THEPSDGROUP.ORG.UK

EARLY BIRD PRICING:

BOOK BEFORE
MIDDAY ON
11TH FEB
£25.00

BOOK AFTER
MIDDAY ON
11TH FEB
£26.50

**EPIC SPORTS!
SUPERHERO CRAFTS!**

**PRIZES!
CHALLENGES!
10% SIBLING
DISCOUNT!**



ST IGNATIUS PRIMARY SCHOOL

MONDAY 16TH - FRIDAY 20TH FEBRUARY 26

9AM - 3PM • £25.00 PER DAY
FOR CHILDREN IN YEARS 1 - 7



SCAN TO BOOK



0203 397 7409
info@thepsdgroup.org.uk
thepsdgroupuk
www.thepsdgroup.org.uk

Safeguarding

Governors and staff of St Ignatius share an objective to help keep children safe by:

- Providing a safe environment for them to learn
- Identifying children who are suffering or likely to suffer significant harm, and taking appropriate action.

Please read through the safeguarding guidance documents on this page, which include those designed for children. Please contact the Designated Safeguarding Leads below should you have any concerns about the safety or welfare of a child.

You can do this by calling the school directly, or emailing: dsl@st-ignatius.surrey.sch.uk

You can also find out more about how we teach safety to children on our [Safety Curriculum](#) page, in the Curriculum section of the website.

DESIGNATED SAFEGUARDING LEAD (DSL):

Mrs E O'Neill - Deputy Headteacher

DEPUTY DSL:

Ms H Murphy - Headteacher

Miss T Frew - Assistant Headteacher

Mrs I Barkworth - SENDCo

Mrs L Whittington - KS2 Lead

Miss Z Palmer - KS1 Lead

Any concerns can be discussed with a DSL. If you have any concerns that involve the Headteacher, please contact the **Ascension Catholic Academy Trust** via email at admin@ascensioncat.org or by telephone on 0208 325 4630. The LGB details are being updated.

You can read our **Child Protection and Safeguarding Policy** [here](#).

Contact Us

St Ignatius Catholic Primary School
Green Street, Sunbury-on-Thames, TW16 6QG

Telephone: 01932 785396

Email: admin@st-ignatius.surrey.sch.uk

Website: www.st-ignatius.surrey.sch.uk

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